Nana and Me

In loving memory of Bernice Alice Watts,
who deeply touched the lives of everyone she knew and loved,
whose generous, kind heart and loving spirit
left fingerprints of grace on all she met,
who saw the best in everyone,
whose grandchildren were the light of her life.

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Published by Osu Children’s Library Fund 2015
188 Montrose St., Winnipeg, MB, CANADA R3H 3M7
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Printed in Canada at Friesens

Kathy Knowles
Illustrations by
Edmund Opare
When I was eight days old, my family had a naming ceremony to welcome me. Nana, my grandmother, came.
Nana is strong and beautiful. She has 32 white gleaming teeth and smiles a lot. Green is her favourite colour because it reminds her of nature.
When I was a baby, Nana gave me my bath and put me at her back. 

She took good care of me when my mother went to work.
I like to watch Nana's boiling pots. Her food is always sweet.

She washes my uniform every Saturday. I want to look neat when I go to school.
Nana gives me money to buy food at school.

She tells me to learn hard. She said she will buy me a small car if I pass my exams.

She told me children who don’t go to school become thieves and bad people.
Sometimes Nana buys me toffees and biscuits when she goes to the market.

She bought me a new school bag because my old one was torn.
Nana does not like gossiping and quarrelling.

She likes good children and wants peace in her house.
Nana is kind to children who need help.

She teaches me to share what we have.
Nana sings in her hometown language. Sometimes I understand and sometimes I don’t.

She likes to exercise, and we go on walks together. She can walk fast, fast, fast!
Nana told me that she played ampe every day when she was a little girl. I like playing ampe, too!

We like to play games together. Ludo is her favourite.
Nana protects me even when she knows I am wrong.

She stays with me when I am sad.
Nana knows how to sew. She is teaching me how to sew dresses for my doll.
Nana’s favourite book is Cinderella. We keep quiet and listen when she reads to us.
Nana tells us Kwaku Ananse stories at night. They make me happy.
Nana is the best. When I grow up and build my own house, I will go and bring her to live with me!